



**Ontario Association of Young Parent Agencies**  
*serving infants, children and young parents - together*

**l'Association Ontarienne des Agences pour Jeunes Parents**  
*servir nourrissons, enfants et jeunes parents - ensemble*

## NOVEMBER 2023

### AT A GLANCE

- CMHO Conference
- SickKids Education Sessions
- Knowledge Exchange Webinars
- Ontario Nonprofit (ONN) Survey Report
- IEMHP Report
- Dates of Significance

## What's New



- [CMHO Conference](#) - Nov 19 - 21, 2023 Marriott Eaton Centre
- [Strategic Plan is underway](#). Thank you to both our virtual and our in-person participants for your participation! If you have additional thoughts/feedback on the strategic themes and discussions emerging from these two meetings, please send your feedback to [tmeyer@abionacentre.ca](mailto:tmeyer@abionacentre.ca). Meeting materials from both strategic planning sessions can be below:
  - [Oct 19th, 2023 Meeting #1 Minutes](#) and [PPT](#)
  - [Oct 30th, 2023 Meeting #2 Minutes](#) and [PPT](#)
  - 2023 Strategic Planning - [DRAFT Summary](#)



# Professional Development



Please share these opportunities with your teams! If you would like to have relevant trainings/webinars shared with your managers directly, please send name and email to Tamar to be included on a separate mailing list.

**OAYPA Webinar: Focusing on Equity, Mental Health and Trauma: Access for all Families to Communication Development Services** 2-Part Series: Nov 1, Nov 28, 2023 (Webinar partners: Empowered Kids Ontario, OAYPA, SickKids, George Hull Institute of Childhood Trauma and Attachment).

Free. Click [HERE](#) for more info and to register.

**SickKids Education Sessions: Attention Deficit Hyperactivity Disorder** November 28, 2023, 1:00 - 2:30pm presented by Dr. Margaret Steele. The webinar will discuss Attention-Deficit Hyperactivity Disorder (ADHD) and focus on the following learning objectives:

- Describe the general approach to assessment and management of attention deficit with hyperactivity disorder (ADHD) in children and adolescents
- Outline the evidence based approach to pharmacological intervention of ADHD.
- Describe the non-pharmacological interventions for ADHD

Free. Click [HERE](#) for more info and to register.

**George Hull Institute Workshop: The Impact of Racial Trauma on Children and Youth Mental Health** November 21 & 28, 2023 (10-1pm)

This workshop will explore Racial Trauma and the impact on children and youth mental health. We will explore not only the impact of racism on children and youth mental health but actionable steps for helping professionals and parents alike to help with not only naming racial trauma but finding ways to assist in the naming of and healing of racial trauma.

Cost: \$149.00. Click [HERE](#) for more info and to register.

## Get Involved!



### **OAYPA Policy Paper Working Group - Call for Members!**

OAYPA is working with Laurier Hub for Community Solutions to develop a policy paper that will examine: 1) currently available live-in intensive treatment programs available to pregnant and parenting transitional aged youth (TAY) and their children, in Ontario; 2) demographics of TAY who access these programs; 3) literature on promising practices for live-in intensive treatment (LIT) and day treatment programs for TAY. The objectives for this study are to highlight strengths, challenges, opportunities, and recommendations for LIT and day programs across Ontario to best serve TAY and their children, and identify alignments between current programs and provincial funding mandates for such programs.

If you are interested in being part of the working group, contact Tamar (tmeyer@abionacentre.ca)

### **HEADS-ED Info Session**

We will be holding a meeting with interested agencies to learn more about this [screening tool](#) and its implementation in young parent and infant agencies. We discussed this tool during the Oct 4 member meeting [Minutes OAYPA member meeting Oct 4 2023 \(1\).docx](#) Please complete this [doodle](#) if you are interested in participating in the meeting.

## Relevant Resources



The [Ontario Nonprofit \(ONN\) Survey Report](#) reviews the results of their 4<sup>th</sup> Annual sector-wide survey that was held in June-July 2023. It contains access to a Policy Report that is timely and very relevant to our sector, including calls to action for the nonprofit sector. You will find an alignment between this report and our many discussions about sustainability. It also includes resources that will help us use this data, recommendations for government and a technical report with data highlights.

[Infant and Early Mental Health Promotion Impact Report](#) 2022-2023; Highlights include; working with communities to further integrate the Nurturing the Seed program and create Pathways for infant and early mental health services, Launching the Nurturing the Seed mobile app, Co-creating the Natural Helpers for the Children Learning Circle, Running the 2022 Lecture Series: Laying the Path for Lifelong Wellness, hosting the Expanding Horizons National Institute, Supporting the launch of Canada's first National Database on Child Development

The *Loneliness Project* is a research study where youth shared valuable knowledge about what it is like to navigate transitions to housing and to stay stably housed before and during the pandemic. The researchers conducted interviews with 22 young women and gender-diverse youth as well as 12 service providers and informal support people. The Loneliness Project Report can be found [here](#).

## Significant Dates



November is [Woman Abuse Prevention Month](#) in Ontario, check out local events in your region [here](#). [Mulberryfinder.ca](#) provides contact information for a variety of services, including emergency women's shelters, sexual assault centers, and community gender-based violence services.

Nov 20: [National Child Day](#)

Nov 25: [International Day for the Elimination of Violence against Women | UNESCO](#).

Nov 19-25: [Anti-Bullying Week 2023: Make A Noise About Bullying](#).

Nov 25-Dec 10: 16 [Days of Activism Against Gender Violence](#)